CPD LEARNING TOOL
EVIDENCING YOUR LEARNING

This activity equates to 28 hours of CPD

Please answer the following questionsto complete the learning reflection tool. This exercise enables personalised reflection on your learning outcomes and helps record your CPD for a professional body or employer.

Before the activity:	What was the key reason for you choosing to undertake this activity?
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During the activity:	What were your key learning points, ideas for practice, or lightbulb moments?
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After the activity:	What content was most relevant to your role? And how could you build on your learning?
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Significant learning outcomes:	Reflecting back on your learning, please list the key learning outcomes (for your Employer or professional body...)
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