CPD LEARNING TOOL
EVIDENCING YOUR LEARNING

This activity equates to __ hours of CPD

Please answer the following questionsto complete the learning reflection tool. This exercise enables personalised reflection on your learning outcomes and helps record your CPD for a professional body or employer.

Before the activity:

What was the key reason for you choosing to undertake this activity?

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During the activity:

What were your key learning points, ideas for practice, or lightbulb moments?

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After the activity:

What content was most relevant to your role? And how could you build on your learning?

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Significant learning outcomes:

Reflecting back on your learning, please list the key learning outcomes (for your Employer or professional body...)

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